

## Puberty, Relationships and Reproduction Key Stage 2

### Scheme of Work

**Word Box:** Womb, sperm, egg, conception, fertilisation, pregnancy, sexual intercourse, twins, fostering, adoption, relationship, friendship, love, consent, intimacy, communication, personal/private information, internet safety.

<p><b>PSHE</b> <b>Programme of Study</b> <b>Core Theme 1:</b> <b>Health and Wellbeing</b></p> <ul style="list-style-type: none"> <li>• how their body will, and emotions may, change as they approach and move through puberty</li> <li>• about human reproduction</li> <li>• the importance of protecting personal information, including passwords, addresses and the distribution of images of themselves and others</li> </ul> <p><b>Core theme 2:</b> <b>Relationships</b></p> <ul style="list-style-type: none"> <li>• to be aware of different types of relationship, including those between friends and families, civil partnerships and marriage</li> <li>• to recognise what constitutes positive healthy relationships and develop the skills to form them</li> </ul>	<p><b>Learning Intentions and Learning Outcomes</b> <b>Learning Intention</b> To consider puberty and reproduction <b>Learning Outcomes</b> Describe how and why the body changes during puberty in preparation for reproduction Talk about puberty and reproduction with confidence</p>	<p><b>Lesson Title</b> <b>Lesson 1</b> <a href="#">Puberty and Reproduction</a></p>	<p><b>Resources</b> <a href="#">Puberty Changes Teacher Guide</a> <a href="#">Puberty Body Part cards</a> <a href="#">Reproduction question sheet</a> <a href="#">Reproduction answer cards</a> <a href="#">Reproduction whiteboard summary</a></p> <p><b>Additional Activities</b> <a href="#">Year 6 Puberty Problem Page</a> <a href="#">Year 6 Puberty Problem Page Cut-outs</a> <a href="#">Year 6 Puberty Problem Page Teacher Guide</a></p>
	<p><b>Learning Intention</b> Consider physical &amp; emotional behaviour in relationships <b>Learning Outcomes</b> Discuss different types of adult relationships with confidence Know what form of touching is appropriate</p>	<p><b>Lesson 2</b> <a href="#">Understanding Relationships</a></p>	<p><a href="#">Relationship pictures</a> Squares of paper/sticky notes <a href="#">Anonymous Questions template</a></p> <p><b>Additional Activities</b> How Babies are Made DVD programme: All About Us: Living and Growing Alternative, Unit 3 Programme 7. <a href="http://www.channel4learning.com/">http://www.channel4learning.com/</a></p>
	<p><b>Learning Intention</b> To explore the process of conception and pregnancy <b>Learning Outcomes</b> Describe the decisions that have to be made before having a baby Know some basic facts about pregnancy and conception</p>	<p><b>Lesson 3</b> <a href="#">Conception and Pregnancy</a></p>	<p><a href="#">How Does A Baby Start? cards</a> <a href="#">How Does A Baby Start? whiteboard summary</a> Anonymous Questions from previous lesson</p> <p><b>Additional Activities</b> <a href="#">Conception and Pregnancy statements</a> <a href="#">Conception and Pregnancy Quiz</a> <a href="#">Conception and Pregnancy Quiz Answers</a> <a href="#">Pictures of male and female reproductive organs</a> Model materials: dried spaghetti (fallopian tubes) and poppy seeds (eggs)</p>
	<p><b>Learning Intention</b> To explore positive and negative ways of communicating in a relationship <b>Learning Outcomes</b> To have considered when it is appropriate to share personal/private information in a relationship To know how and where to get support if an online relationship goes wrong</p>	<p><b>Lesson 4</b> <a href="#">Communicating in Relationships</a></p>	<p><a href="#">Relationship Question cards</a> <a href="#">Communication Scenario Cards</a> <a href="#">Communication Scenarios answers</a> <a href="#">Communication Scenarios whiteboard summary</a></p> <p><b>Additional Activities</b> Film clip from <a href="http://www.thinkuknow.co.uk">www.thinkuknow.co.uk</a></p>