

## Valuing Difference and Keeping Safe Key Stage 2

### Scheme of Work

**Word Box:** Stereotypes, gender roles, similar, different, male, female, private parts, penis, testicles, vagina, womb, family, fostering, adoption, relationship

**PSHE Programme of Study Core Theme 1: Health and Wellbeing**

- the names for the main parts of the body (including external genitalia) the similarities and differences between boys and girls

- to recognise when and how to ask for help and use basic techniques for resisting pressure to do something dangerous, unhealthy, that makes them uncomfortable, anxious or that they believe to be wrong

**Core Theme 2: Relationships**

- to be aware of different types of relationship, including those between friends and families, civil partnerships and marriage

- to judge what kind of physical contact is acceptable or unacceptable and how to respond

**Learning Intentions and Learning Outcomes**

**Learning Intention**

To explore the differences between males and females and to name the body parts

**Learning Outcomes**

Know some differences and similarities between males and females  
Name male and female body parts using agreed words

**Learning Intention**

To consider touch and to know that a person has the right to say what they like and dislike

**Learning Outcomes**

Identify different types of touch that people like and do not like  
Understand personal space  
Talk about ways of dealing with unwanted touch

**Learning Intention**

To explore different types of families and who to go to for help and support

**Learning Outcomes**

Understand that all families are different and have different family members  
Identify who to go to for help and support

**Lesson Title**

**Lesson 1**

[Differences: Male and Female](#)

**Resources**

[Clothed Babies picture cards](#)  
[Pictures of male and female bodies](#)  
[Male and female matching cards](#)

**Additional Activities**

*Cinderella's Bum*, Nicholas Allan  
*Shapesville*, Andy Mills  
*Let's Grow with Nisha and Joe*, fpa  
[www.fpa.org.uk/Shop](http://www.fpa.org.uk/Shop)

**Lesson 2**

[Personal Space](#)

A bag of textured objects to touch, for example sandpaper, cotton wool, play dough, silky material, a pebble etc.

[Year 3 Problem Pages](#)

**Lesson 3**

[Family Differences](#)

[Families pictures](#)  
[Who can I talk to? worksheet](#)

*The Family Book*, Todd Parr

**Additional Activities**

*Tell Me Again About The Night I Was Born*, Jamie Lee Curtis  
*Who's in a Family?* Robert Skutch  
*Happy Families*, Allan Ahlberg  
*Spark Learns to Fly*, Judith Foxon  
*Stranger Danger*, Anne Fine