

Darnhall Primary School
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Assistant Headteacher: Natasha Mulholland B.A Hons

9th September 2022

Dear Parents and Carers,

We shall be working with our Reception to Year 6 pupils this year to deliver our 'Growing and Changing' curriculum as part of the Personal, Social and Health Education Programme, recommended by the National Curriculum and the Local Authority. We will be using the Christopher Winter Project materials.

Each class will receive three lessons taught by staff working collaboratively across all age ranges. These lessons will focus on aspects of Sex and Relationships Education (SRE) featured in the Government Education Department's guidance document which is designed to be appropriate for each age group.

The main topics we shall be covering for these year groups are as follows:

Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Our Lives	Growing and Caring for Ourselves	Differences	Valuing Difference & Keeping Safe	Growing Up	Puberty	Puberty and Reproduction
Lesson 1 Our Day	Lesson 1 Keeping Clean	Lesson 1 Differences: Boys and Girls	Lesson 1 Differences Male and Female	Lesson 1 Growing and Changing	Lesson 1 Talking about Puberty	Lesson 1 Puberty and Reproduction
Lesson 2 Keeping Ourselves Clean	Lesson 2 Growing and Changing	Lesson 2 Differences: Male and Female	Lesson 2 Personal Space	Lesson 2 Body Changes & Reproduction	Lesson 2 Male and Female Changes	Lesson 2 Relationships and Reproduction
Lesson 3 Families	Lesson 3 Families and Care	Lesson 3 Naming the body parts	Lesson 3 Family Differences	Lesson 3 What is Puberty?	Lesson 3 Puberty and Hygiene	Lesson 3 Conception and Pregnancy

If you would like to see any of the lesson plans, materials, to discuss the programme, or if you have any questions or queries please contact your child's class teacher.

Kind regards,

Mrs Jacqui Perrin
SRE Co-ordinator