

Darnhall Primary School  
Sandyhill Road  
WINSFORD  
Cheshire  
CW7 1JL



Telephone: (01606) 593315

Headteacher: Sarah Tomlinson B.Ed (Hons), N.P.Q.H.  
Deputy Headteacher: Sarah Jardine B.Mus, P.G.C.E, N.P.Q.M.L.  
Assistant Headteacher: Natasha Mulholland B.A Hons

27<sup>th</sup> September 2019

Dear Parents and Carers,

On Thursday 3<sup>rd</sup> October a professional Chef from our catering company Edsential, is coming into school to work with our Year 5 children.

The chef will lead a holistic food experience, using the opportunity to engage with the children to teach them about cookery, food provenance, growing your own fruit and vegetables, and healthy eating. The children will explore the taste sensations of salt, sweet, bitter and sour, by trying a selection of foods, whilst explaining how our tongue tastes each flavour in different ways.

The children will then be encouraged (under supervision) to prepare a healthy vegetable salad, using British ingredients, talking about the value of sourcing local and growing your own fruit and vegetables. They can then eat their hand prepared salads and feel proud of their achievements in preparing the ingredients correctly.

Attached is a photograph permission form from Edsential Catering. Please sign the consent form if you are happy for your child to be photographed during this session and for their photograph to then be used by Edsential Catering in their promotional and media information. **Please return the photo consent form and the reply slip below regarding food allergies to school by Tuesday 1<sup>st</sup> October.**

Regards

Mrs N Mulholland  
Assistant Headteacher and Rowan Class Teacher

Kids Cooking Green



Child's Name: .....

Any food allergies:.....

Signed by:  
Parent / Carer.....Date:.....



