

Darnhall Primary School
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WINSFORD
Cheshire
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Headteacher: Sarah Tomlinson B.Ed (Hons), N.P.Q.H.
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Year 6 Bikeability Cycle Training 19th - 30th June

Dear Parents and Carers,

Our school has been chosen as one of a few schools in your borough to receive **Bikeability Cycle Training**. This training is designed to give year 6 children the skills and experience to cycle safely and confidently. It is Cycling Proficiency for the 21st century and involves cycling in both an off-road playground environment and on roads around the vicinity of the school.

Children enjoy cycling and of course it brings many health benefits, develops confidence, and gives them independence. Children who have been trained are much safer and, in addition, tend to cycle more. This training is being promoted by the Council and is being carried out by a company called Cycle Experience, www.CycleExperience.com

The training sessions will take place on different days **Monday 19th June until Friday 30th June 2023**. We will let you know closer to the time which date your child will need to bring their bike into school.

If you would like your child to participate, please complete and return the attached form to school by **TUESDAY 6th JUNE** at the latest.

Your child will need to bring the following with them for all their course sessions:

- **A bike which is roadworthy and of the correct size.** A bike check will be carried out first thing to identify bikes that are in need of repair from a local bike shop. The bike must not be too big or too small.
- **A cycle helmet.** This must fit properly and must not be a full faced helmet. If your child is unable to wear a helmet on the grounds of religious or cultural reasons, please ensure you indicate this on the consent form and provide your signature.

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- **Sufficient warm clothing for colder days.** Each session is between one and two hours long and outside.
- **Some wet weather clothing** e.g., a shower or waterproof jacket as a minimum. The training will continue in light to moderate rain.
- **Sun cream** for warmer days.

The training is available for riders and non-riders. Children will either take part in Level One or Level Two depending on their ability already. Children will be allocated into groups and will cycle in sessions. Level One consists of cycling around the playground and Level Two will progress to quieter roads around the school.

At the end of the training course, they will either have achieved Level One or Level Two. If they achieve Level One, you will receive a feedback form highlighting what your child did well and what they need further practice in to achieve Level Two at a later stage. Where a child doesn't come out onto the road, they will receive a Certificate of Attendance and feedback form.

Attached is a form to enable you to check that bikes are roadworthy, that helmets are of an acceptable standard and some clothing considerations.

We do hope your child participates in this useful experience.

Kind regards



Sarah Tomlinson

Headteacher

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Bikeability Training Consent Form

Child's name (please print) _____

Parent/Carer's Name (please print) _____

- I would like** to register the above child/children to take part in the cycle training and confirm that they will have a roadworthy bike and a helmet.
- I do not** wish my child/children to be photographed during the training
- I would like my child to be exempt from wearing a helmet on religious/cultural grounds**
– I fully understand that Cycle Experience cannot accept liability for any injury sustained as a result of my child not wearing a cycle helmet
- I do not** wish my child/children to take part in the training.

If you are declining the offer of cycle training, can you tell us why? Your feedback will help us improve the services and opportunities that we offer.

Medical or other conditions which may be of relevance:

Signature:

Date:

Contact telephone number:
01606 593315

School Name: Darnhall Primary

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