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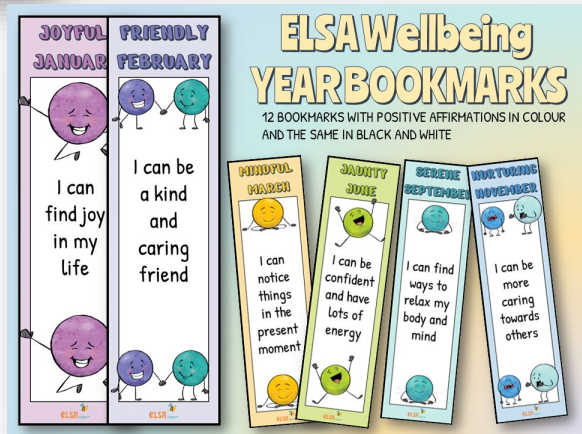
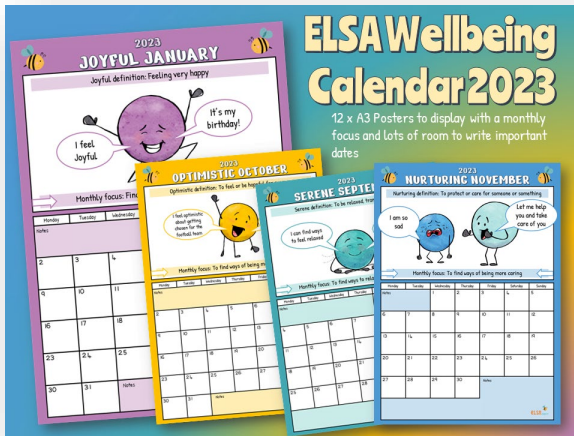




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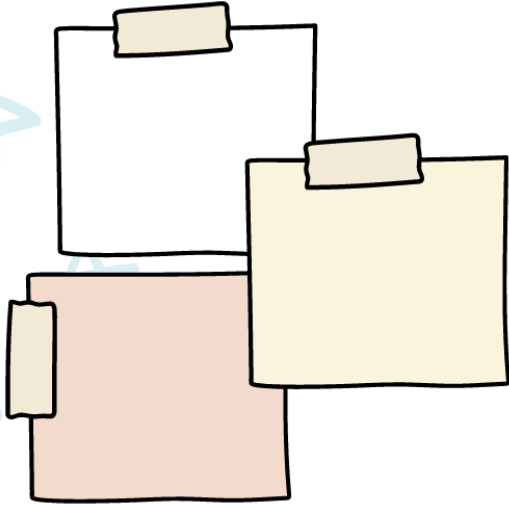


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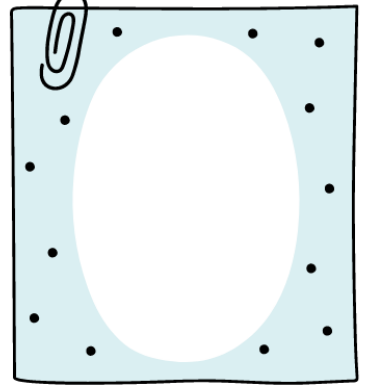


Looking after my Mental Health

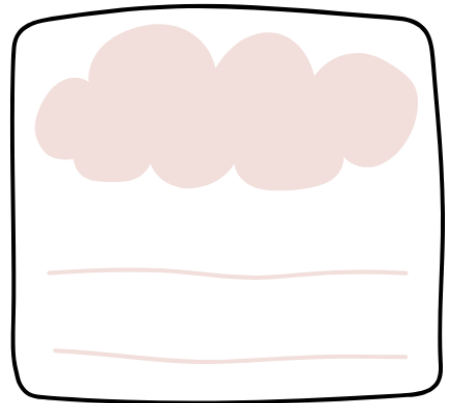
3 people I talked to today



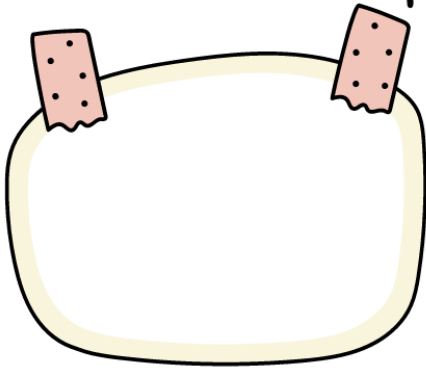
This is me



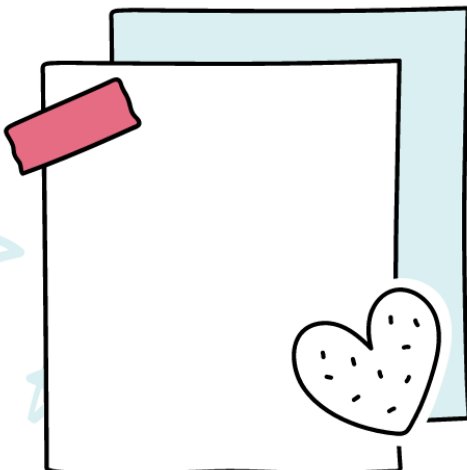
Something I am grateful for



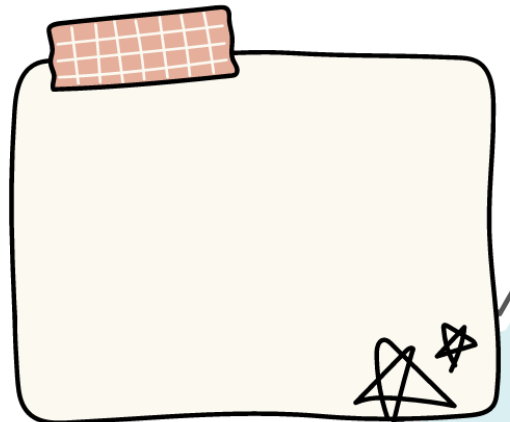
This makes me happy



Something I look forward to

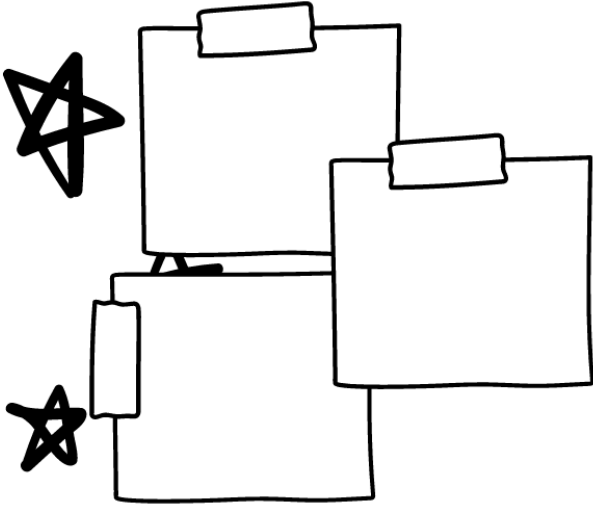


This is how I relax

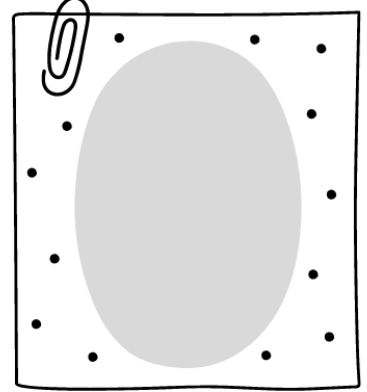


Looking after my Mental Health

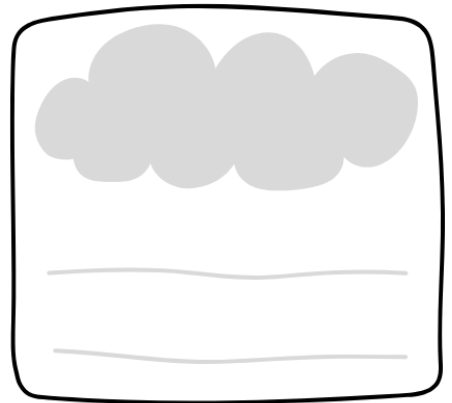
3 people I talked to today



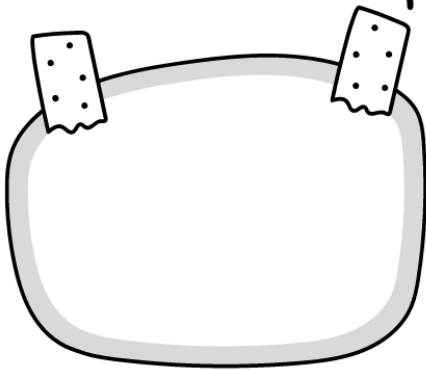
This is me



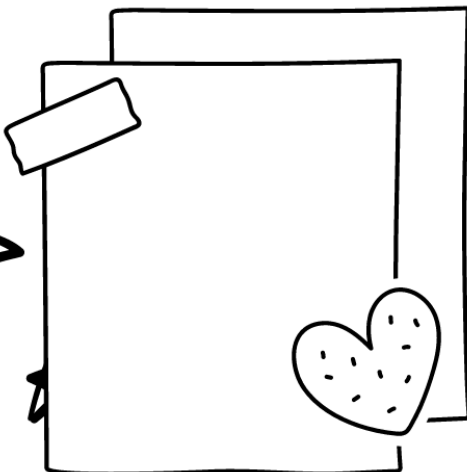
Something I am grateful for



This makes me happy



Something I look forward to



This is how I relax

