

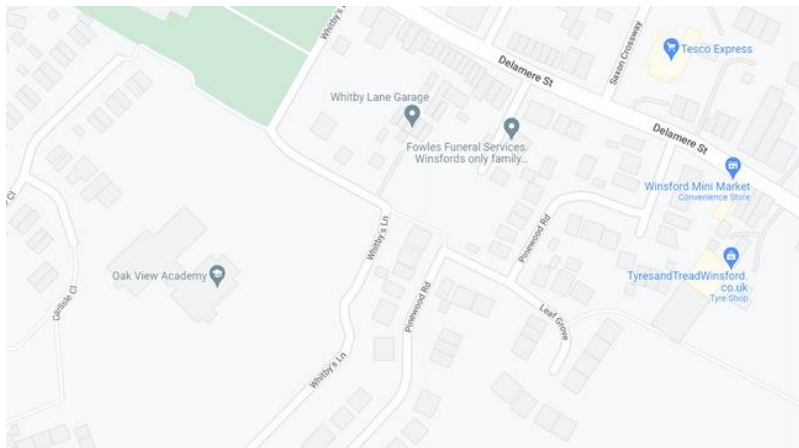
To find out more about the programme and to register your interest, parents/carers must attend the drop-in session on:

Tuesday 14th March
Oakview Academy Primary School
09.30am - 11.30am

On this day if you wish to sign up for the group you will be given a further appointment date on **Wednesday 22nd March** to meet with our team individually to discuss your current family situation further.



Address: Whitby's Lane, Winsford CW7 2LZ



If you require more information about the program or arrangements, please speak to your school.

CWP West Cheshire Children and Young Peoples Mental Health Services





The Incredible Years

The incredible years parent group is a comprehensive group programme supported by over 30 years of research. The group programme allows parents to learn and add approaches to their current skills.

Places are currently available on the Incredible years programme for families of primary aged school children (5-11yrs)

Parents/carers can access the programme by self-referral. This is a programme for adults.

Children do not attend.

(We are unfortunately unable to offer creche provision)

Programme Format

Through 12 weekly sessions the programme aims to:

- Promote child independence and self-confidence.
- Promote social, emotional, and academic skills
- The teaching of calming strategies with children
- Reduce and prevent behaviour problems

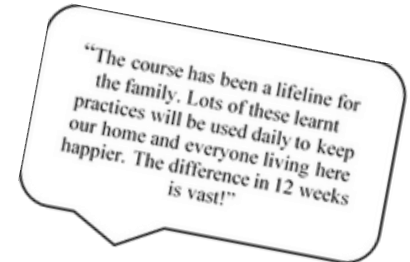
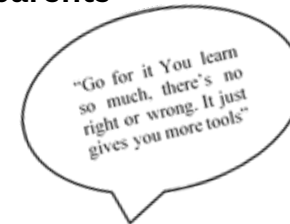


Group Sessions

Enable parents to hear from other parents about their experiences of implementing new approaches with their children.

Parents benefit from the support of others in similar situations.

What other parents say:



When and Where

Our next group will be taking place at

Oakview Academy Primary School in Winsford (CW7 2LZ)

The group sessions will run on:

Wednesday Mornings

09.30am - 11.30am for 12 weeks

starting on

Wednesday 19th April 2023

(Excluding Half Term: Wednesday 31st May)

Parents will be expected to attend all sessions.